

Adella Demou

Trainee

Features & Dramas

Title	Company	D.O.P.	Role	Fomat
Mechanical S4	Apple TV	Aric Avelino	DIT/Video Trainee (Dailies)	Sony Venice 2
Good People, Bad Things	Alpha Baby UK Ltd	Charlie Saroff	Video Trainee (Dailies)	Alexa 35
Winter Warmer Retreat	Wider Horizons	Ben Christie (Client)	Stills Photographer, Camera Assistant	Canon EOS 700D
Strictly Come Dancing - TV Series 22	BBC	Lincoln Abraham (Camera Supervisor)	Camera Trainee	Sony HDC-3500
EFL Plymouth Argyle & Portsmouth -TV News	Sky Sports	Toni Adepegba (Camera Operator)	Camera Trainee	Sony HDC-4800
Pilot (TBC)	ITV	Tamara Barton-Campbell	Runner	N/A

Commercials & Short Form

Title	Company	D.O.P.	Role	Fomat
Arsenal	Sky Sports	Stuart Bentley	Camera Trainee	Arri Alexa Mini LF
Tony Collins Football's Forgotten Master Spy - Short Documentary	Dark Matters TV	Ian Watts	Camera Trainee	Canon C300 Mark III
Tech & Sports Company (NDA) - Advertisement	Dreamtek	Cam Smith	Camera Trainee	Sony FX9
Abbie Piper VooDoo - Music Video	VMI	Greg Duffield	Camera Trainee	Sony VENICE AXS-R7 4K
Volunteer At Herts and Essex Community Farm	Licklemor Productions	Herts and Essex Community Farm	Camera Assistant/Videographer	Blackmagic URSA (G2 & 4K)
'Meet Our Founder - Debra Healy'	MAMA Youth Project	Bob Clark (Director)	Camera Trainee	Blackmagic URSA (G2 & 4K)
Later... With Jools Holland - TV Series 66	BBC	Sophie Penwill (Camera Supervisor)	Camera Trainee	Arri Amira
Tate Modern: JD Event	Cultur FM	Nelson Nieth (Director)	Camera Assistant, Focus Puller	Sony FX3
Electric Brixton: JD Event	Cultur FM	Nelson Nieth (Director)	Camera Assistant, Focus Puller	Sony FX3
Benjamin Zephaniah Day Event	Liklemor Productions	Bob Clark (Director)	Camera Assistant & Videographer	Blackmagic URSA (4K)
What's the Motive - Short Film	N/A	Archie George (Director)	Camera Operator	Canon C70

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Pointless - TV Series 32	Remarkable Entertainment (Banijay) for BBC	Nigel Saunders (Camera Supervisor)	Rotational Crew Trainee	Sony HDC-1500
Deal Or No Deal -TV, October 2024	Remarkable Entertainment (Banijay) for ITV	Dereck Pernell (Camera Supervisor)	Rotational Crew Trainee	Sony HDC-4300
TV Digital 'True Lives' Short Documentary; 'Wired Differently' and 'Cost Of Living Childless'	Licklemor Productions for ITV	Bob Clark (Director)	Camera Operator	Blackmagic URSA (4K)
Promotional Content	The Wilderness Festival (Client)	N/A	Stills Photographer	Canon EOS 700D
Promotional Content	Medicine Festival (Client)	N/A	Stills Photographer	Canon EOS 700D
Metanoia - Short Film	Chronic Pictures	Maxwell James (Director)	Stills Photographer	Sony A7 Mirrorless III
Nature Nurtures Anthology	London Wildlife Trust	N/A	Stills Photographer	Canon EOS 700D
Jurassic World: The Experience - Advertisement	Digital Media Services UK Ltd (DMS)	Andrew Litt	Runner, Camera Trainee	Sony FX6